

## Diploma Massage Therapy Programme of Study

The Diploma in Massage Therapy introduces students to the field of massage therapy and prepares them for employment in the massage therapy industry. Students acquire the skills and techniques needed to provide a variety of therapeutic massage services such as Swedish, hot stone, deep tissue and sports massages. They also learn the importance of maintaining a hygienic therapy environment and establishing and maintaining professional boundaries. Students complete a 160-hour practicum in which they hone their massage therapy skills and are required to provide documentary evidence of having successfully completed First Aid and CPR training. Upon successful completion of this programme, students may work in an established enterprise or open and operate their own business.

COURSE STATUS	COURSE CODE	COURSE NAME	PRE-REQUISITES (P) CO-REQUISITES (C)	CREDITS (CONTACT HOURS)	ADVISOR'S INITIALS
<b>SEMESTER I</b>					
GEN ED	CITE 0010	Tech-Enabled Learning Skills (4 hours per week x 2 weeks)	None	0 (4 lab)	
GEN ED	STSU 1000	Student Success (7 weeks)	None	1 (2 lab)	
GEN ED	ENGL 1100	English I	ENGL 0111 English <b>or</b> Placement at ENGL 1100 (P)	3 (3 lec)	
MAJOR	MAST 1100	Introduction to Massage Therapy	ENGL 0111 English <b>or</b> Placement at ENGL 1100 English I (P)	3 (3 lec)	
MAJOR	MAST 1102	Massage Therapy Science	ENGL 0111 English <b>or</b> Placement at ENGL 1100 English I (P)	3 (3 lec)	
MAJOR	MAST 1103	Anatomy and Physiology	ENGL 0111 English <b>or</b> Placement at ENGL 1100 English I (P)	5 (2 lec 6 lab)	
<b>SEMESTER II</b>					
GEN ED	MATH 1100	Math I	MATH 0111 Math <b>or</b> Placement at MATH 1100 (P)	3 (3 lec)	
GEN ED	MICA 1101	Introduction to Computers	None	3 (1 lec 4 lab)	
MAJOR	ENTR 1101	Introduction to Entrepreneurship	ENGL 0111 English <b>or</b> Placement at ENGL 1100 English I (P)	3 (3 lec)	
MAJOR	MAST 1104	Massage Therapy	MAST 1100 Introduction to Massage Therapy & MAST 1103 Anatomy & Physiology (P)	5 (2 lec 6 lab)	

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<b>SEMESTER III</b>					
MAJOR	MAST 2107	Massage Modalities I	MAST 1103 Anatomy & Physiology & MAST 1104 Basic Massage Therapy (P)	5 (2 lec 6 lab)	
MAJOR	MAST 2108	Massage Modalities II	MAST 1103 Anatomy & Physiology & MAST 1104 Basic Massage Therapy (P)	4 (2 lec 4 lab)	
MAJOR	MAST 2286	Introduction to Spa Management	MAST 1100 Introduction to Massage Therapy & MAST 1102 Massage Therapy Science (P)	3 (3 lec)	
<b>SEMESTER IV</b>					
MAJOR	MAST 2288	Massage Therapy Practicum	MAST 2107 Massage Modalities I & MAST 2108 Massage Modalities II & MAST 2286 Introduction to Spa Management (P)	4 (160)	
<b>Total credit hours required for completion</b>				<b>45</b>	

**NOTE:**

1. To fulfill programme requirements, students must provide documentary evidence of having successfully completed First Aid and CPR training within the past five years, beginning the first semester the student enrolled in the Diploma in Massage Therapy programme.
2. Contract is subject to change.